

OCTOBER 2018

Wetumpka Senior Center

Mary Ann Barrett – Center Director

Funded by Central Alabama Aging Consortium



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes	2 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes 10:00 Arts & Crafts	3 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:30 Devotional 12:00-3:00 Bridge	4 Center Closed Leave at 8:30am Admission \$1 Plus a Can good 	5 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young Fitness	6	
7	8 Center Closed 	9 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes 9:00 Wal-Mart	10 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:00 "ROCK & ROLL" ANGELS FOR THE ELDERLY 12:00-3:00 Bridge	11 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes 10:00 PENNY AUCTION COMFORT CARE 2:00-3:00PM LINE DANCING—YOUTUBE VIDEOS	12 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young Fitness	13	
14	15 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 9:00 Rummikub, Cards	16 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00—MEDICARE UPDATES WITH SANDRA- CENTRAL ALABAMA AGING CONSORTIUM	17 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:30 Devotional 12:00-3:00 Bridge	18 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes 2:00-3:00PM LINE DANCING—YOUTUBE VIDEOS	19 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young Fitness	20	
21	22 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 9:00 Rummikub, Cards	23 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes 10:00 BINGO w/ Yanasha	24 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:30 Devotional 12:00-3:00 Bridge	25 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes 10:00 BINGO –IVY CREEK 2:00-3:00PM LINE DANCING—YOUTUBE VIDEOS	26 Center Closed Leaving at 9:30am Trip to Montgomery EastChase Five for Five Store Lunch at Martha's	27	
28	29 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 9:00 Rummikub, Cards	30 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards Dominoes 10:00 Arts & Crafts	31 Happy Halloween  10:30am—Music — The Band "Upbeats" NO Exercise, Bridge, or Devotional.	REMINDERS : Check calendar for UPDATES AND CHANGES for exercise class schedules and "table game" days. Devotionals will be held each Wednesday at 10:30am. The Bridge Club meets each Wednesday 12:00 - 3:00pm			

October 2018

Wetumpka Senior Center

The mission of the Prime Time Senior Enrichment Center is to provide programs and activities for adults 55 and over that promote the well being of older adults and enrich and increases socialization with others. Also, promote life long learning in a fun environment. Take advantage of the opportunities the Prime Time Senior Center offer and take steps to “being the best you can be.” The Center Director is Mary Ann Barrett, Assistant to the Director, Angie Fraiser, Part Time Assistant to the Director, Lillie Grayson, and Bus Driver, E. Wayne Macon.

For Information about the Center call 334-567-1335.

Participants MUST BE self-contained.



Look back at September Pictures



Arts & Crafts



Olive Garden “Bon Appétit”



Caroline—Aging Consortium—Ombudsman



Arts & Crafts

ALABAMA STATE FAIR

THURSDAY
OCTOBER 4 DAILY SCHEDULE

DOLLAR DAY
\$1 ADMISSION
WITH NON-PERISHABLE FOOD ITEMS

SENIOR DAY
9 a.m. to 2 p.m.
FREE BINGO
at 9:30 & 11 a.m.

Presented by:
8 abc 32
ALABAMA NEWS NETWORK

FAIR ADMISSION \$10 WITHOUT DONATION
Children 5 and under admitted FREE with paid Adult
Each Ride is \$1/\$30 Wristbands for Rides
Rides open 3 p.m. Rides close at Carnival Management's Discretion.
Some rides NOT included. Individual ride coupons also available.

9:00 a.m. FAIR OPENS
10:00 a.m. Cowtown USA - Sponsor: Collier FORD
10:30 a.m. Wolves of the World - Sponsor: Haynes Emergency Lighting/Vinyl Graphics
11:00 a.m. Nergers Tiger Show - Sponsor: Don Duncan's All American Auto & Tire
12:00 p.m. Racing Pigs - Sponsor: ALFA Farmer's Federation & ALFA Insurance

POSITIVE THINKING is not only about EXPECTING the best to happen.. But It is also about ACCEPTING whatever happens is for The BEST..

OCTOBER 31ST at 10:30am

Upbeats

The Upbeats play the music of memories. This 16 member Big Band plays the music that spans the 1920's through the 1980's. Over the past two decades, the Upbeats have entertained River Region audiences with their Pop and Swing sound.

For Bookings, please contact: Gil Jennings

Line Dancing!

Starting on October 11th— on Thursday's from 2-3pm